

## PERSONAL INJURY INTAKE FORM

**Today's Date:** \_\_\_\_\_

<b>Last Name:</b>		<b>MI:</b>	<b>First Name:</b>	
Home Address:		City:	State:	Zip:
Date Birth:	Age:	Occupation:	Employer:	
Height:	Weight:	Marital Status (Circle): Single, Married, Divorced, Widowed		
Home Phone:		Social Security Number:		
Work Phone:		Cell Number:		

### AUTOMOBILE INSURANCE INFORMATION

Do you or someone else have medical payment insurance for the vehicle you were in?	<input type="checkbox"/> I have, <input type="checkbox"/> Someone else has coverage. Indicate the name of the person that the policy is under:
How is this person related to you?	<input type="checkbox"/> Self, <input type="checkbox"/> Parent, <input type="checkbox"/> Friend, <input type="checkbox"/> Other
Name of your Automobile Insurance Carrier:	
Address of your Automobile Insurance Carrier:	
Claim Adjusters Name/Telephone Number:	Name: _____ Telephone (area code): _____
Claim Number:	
Do you have an Insurance Deductible?	<input type="checkbox"/> Yes, <input type="checkbox"/> No Deductible is: \$ _____
Do you know your Policy Limits for medical bills?	<input type="checkbox"/> Yes, <input type="checkbox"/> No Limit is: \$ _____
Have you reported this injury to your insurance carrier?	<input type="checkbox"/> Yes, <input type="checkbox"/> No

<input type="checkbox"/> Yes, <input type="checkbox"/> No. Do you have an attorney representing you? If yes, indicate name, address and telephone of your retained attorney:	Attorney Name: _____ Address: _____ Telephone: _____
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✓	I authorize said Doctor to release medical information necessary to process this claim to the above insurance carrier.
✓	A photocopy of this authorization shall be considered as valid as the original.
✓	I authorize direct payment of medical benefits to the undersigned doctor for services/procedures or supplies described in the billing statement or CMS-1500 form. I authorize said Doctor to use my name in the "Signature on File" in future billings.
✓	I authorize use of this form on all my insurance submissions (billings).

You are ultimately responsible for any charges incurred in this office and will be **"balance Billed"** for any amount the insurance carrier(s) does not pay (Excess Payments). It is your responsibility to pay any deductible amount, co-insurance, and or any other balances not paid by your insurance carrier.

Patient Signature _____	Date: _____	I acknowledge that I am ultimately responsible for all charges that are incurred at the doctor's office. I agree to pay for any outstanding bills (including Excess Payments) incurred in this office, as well as paying for co-insurance or deductibles.
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The 1996 Health Insurance Portability and Accountability Act (HIPAA) requires that all health care providers comply with patient privacy and security laws (45 CFR 160, 164). Patient confidentiality and privacy/security applies to any **protected health information (PHI)**. This notice explains how my protected health information (PHI) may be used and what their office's responsibilities are regarding my privacy rights and protected health information. Indicate whether you are the parent or a legal guardian of the patient or minor. If you want to discuss anything privately that you do not want to be overheard by other persons in the doctor's office, please inform the staff before you see the doctor so a private room can be arranged. Please sign and date below.

Patient Signature and Date: _____	By signing this form, I acknowledge that this office has presented me with a copy of their HIPAA privacy practices and I have been able to read the practice policies notice that is posted on the waiting room wall.
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Doctor's Name/Address: Jeffrey R. Rockenmacher, DC, 4152 Katella Ave., Ste 102, Los Alamitos, CA 90720

1. The symptom(s) that have prompted me to seek care today include: \_\_\_\_\_

Patient Name \_\_\_\_\_

2. And the results of: ☐ An accident or injury  
☐ Work ☐ Auto ☐ Other \_\_\_\_\_  
☐ A worsening long-term problem  
☐ An interest in: ☐ Wellness ☐ Other \_\_\_\_\_

3. Onset (When did you first notice your current symptoms?)  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

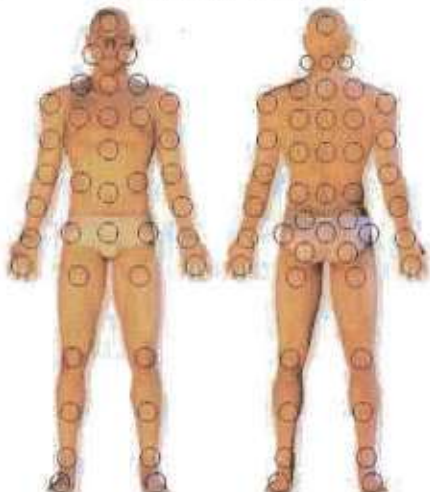
4. Intensity (How extreme are your current symptoms?)  
0 ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10  
Absent Uncomfortable Agonizing

5. Duration and Timing (How often do you feel it?)  
☐ Constantly (76-100%)  
☐ Frequently (51-75%)  
☐ Occasionally (26-50%)  
☐ Intermittently (0-25%)

6. Quality of Symptoms (What does it feel like?)

- ☐ Numbness
- ☐ Tingling
- ☐ Stiffness
- ☐ Dull
- ☐ Aching
- ☐ Cramps
- ☐ Nagging
- ☐ Sharp
- ☐ Burning
- ☐ Shooting
- ☐ Throbbing
- ☐ Stabbing
- ☐ Other \_\_\_\_\_

7. Location (Where does it hurt?)  
Mark the area(s) on the illustration.



8. Radiation (Does it affect other areas of your body? To what areas does the pain radiate, shoot or travel?)  
\_\_\_\_\_

9. Aggravating or relieving factors (What makes it better or worse, such as time of day, movements, certain activities, etc?)  
What tends to worsen the problem?  
\_\_\_\_\_  
What tends to lessen the problem?  
\_\_\_\_\_

10. Prior Interventions (What have you done to relieve the symptoms?)  
☐ Prescription Medication ☐ Surgery ☐ Ice  
☐ Over-the-counter drugs ☐ Acupuncture ☐ Heat  
☐ Homeopathic remedies ☐ Chiropractic  
☐ Physical Therapy ☐ Massage  
☐ Other \_\_\_\_\_

11. Have you traveled internationally in the last 6 months? ☐ Yes ☐ No If yes, where? \_\_\_\_\_

12. What else should the doctor know about your current condition? \_\_\_\_\_

### 13. Review of Systems

Chiropractic care focuses on the integrity of your nervous system, which controls and regulates your entire your body. Please mark the box beside any conditions that you Had or currently Have and initial to the right.

#### a. Musculoskeletal

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/> Arthritis	<input type="checkbox"/>	<input type="checkbox"/> Scoliosis	<input type="checkbox"/>	<input type="checkbox"/> Neck pain	<input type="checkbox"/>	<input type="checkbox"/> Back Problems
<input type="checkbox"/>	<input type="checkbox"/> Knee injuries	<input type="checkbox"/>	<input type="checkbox"/> Foot/ ankle pain	<input type="checkbox"/>	<input type="checkbox"/> Shoulder Problems	<input type="checkbox"/>	<input type="checkbox"/> Elbow/ wrist pain	<input type="checkbox"/>	<input type="checkbox"/> TMJ Issues
<input type="checkbox"/> NONE									Initials _____

#### b. Neurological

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Anxiety	<input type="checkbox"/>	<input type="checkbox"/> Depression	<input type="checkbox"/>	<input type="checkbox"/> Headache	<input type="checkbox"/>	<input type="checkbox"/> Dizziness	<input type="checkbox"/>	<input type="checkbox"/> Pins & needles
<input type="checkbox"/> NONE									Initials _____

#### c. Cardiovascular

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> High blood pressure	<input type="checkbox"/>	<input type="checkbox"/> Low blood pressure	<input type="checkbox"/>	<input type="checkbox"/> High cholesterol	<input type="checkbox"/>	<input type="checkbox"/> Poor circulation	<input type="checkbox"/>	<input type="checkbox"/> Angina
<input type="checkbox"/> NONE									Initials _____

#### d. Respiratory

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Asthma	<input type="checkbox"/>	<input type="checkbox"/> Apnea	<input type="checkbox"/>	<input type="checkbox"/> Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/> Hay fever	<input type="checkbox"/>	<input type="checkbox"/> Emphysema
<input type="checkbox"/> NONE									Initials _____

#### e. Digestive

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Ulcer	<input type="checkbox"/>	<input type="checkbox"/> Anorexia/ Bulimia	<input type="checkbox"/>	<input type="checkbox"/> Food sensitivities	<input type="checkbox"/>	<input type="checkbox"/> Heartburn	<input type="checkbox"/>	<input type="checkbox"/> Constipation
<input type="checkbox"/> NONE									Initials _____

#### f. Sensory

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Blurred vision	<input type="checkbox"/>	<input type="checkbox"/> Ringing in ears	<input type="checkbox"/>	<input type="checkbox"/> Chronic ear infection	<input type="checkbox"/>	<input type="checkbox"/> Hearing loss	<input type="checkbox"/>	<input type="checkbox"/> Loss of smell
<input type="checkbox"/> NONE									Initials _____

Doctor's Initials \_\_\_\_\_





## 21. Activities of Daily Living

How does this condition interfere with your life and ability to function?

	No Affect	Mild Affect	Moderate Affect	Severe Affect		No Affect	Mild Affect	Moderate Affect	Severe Affect
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Grocery shopping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rising out of chair	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Household chores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifting objects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Reaching overhead	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lying down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Showering or bathing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending over	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dressing myself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Love life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Using a computer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Getting to sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Getting in/out of car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Staying asleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving a car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Concentrating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Looking over shoulder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Exercising	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caring for family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Yardwork	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

22. What is the major stressor in your life? \_\_\_\_\_ 23. How much sleep do you average per night? \_\_\_\_\_ Hours

24. What is the **type** and **approximate age** of your mattress and pillow? \_\_\_\_\_ 25. What is your preferred sleeping position? \_\_\_\_\_

26. Describe your typical eating habits: ☐ Skip breakfast ☐ Two meals a day ☐ Three meals a day ☐ Snacking between meals

27. What would be the most significant thing you could do to improve your health? \_\_\_\_\_

28. In addition to the main reason for your visit today, what additional health goals do you have? \_\_\_\_\_

## Acknowledgements

To set clear expectations, improve communications and help you get the best results in the shortest amount of time, please read each statement and initial your agreement.

\_\_\_\_\_  
Initials I instruct the chiropractor to deliver the care that, in his or her professional judgement, can best help me in the restoration of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.

\_\_\_\_\_  
Initials I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

\_\_\_\_\_  
Initials I realize that an X-ray examination may be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant. Date of late menstrual period (MM/DD/YYYY): \_\_\_\_\_

\_\_\_\_\_  
Initials I grant permission to be called to confirm or reschedule an appointment and be sent occasional cards, letters, emails or health information to me as an extension of my care of this office.

\_\_\_\_\_  
Initials I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any non-covered services I receive.

\_\_\_\_\_  
Initials To best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity of cause of my health concern.

If patient is a minor child, print child's full name: \_\_\_\_\_

Signature \_\_\_\_\_

Date (MM/DD/YYYY) \_\_\_\_\_

Patient Name \_\_\_\_\_

Doctor's Initials \_\_\_\_\_



## PEDESTRIAN COLLISION EVENT

### PATIENT INFORMATION

Patient Name:	_____	Date:	_____
Address:	_____	City	_____ Zip _____
Home Telephone:	_____	Work Telephone:	_____
Date of Birth:	_____	Social Security No:	_____
Date of injury:	_____	Time of injury:	_____ <input type="checkbox"/> AM <input type="checkbox"/> PM
City where pedestrian injury occurred:	_____		
Street (location) where injury occurred:	_____		
<input type="checkbox"/> Yes, <input type="checkbox"/> No Did the police come to the collision scene and make a report?			
<input type="checkbox"/> Yes, <input type="checkbox"/> No Were you cited by the police? If yes, name of officer: _____			
<input type="checkbox"/> Yes, <input type="checkbox"/> No Is an attorney currently representing you? Name/address/phone: _____			

### DESCRIBE HOW THE PEDESTRIAN INJURY HAPPENED:


### INDICATE (CHECK) STREET/CROSSWALK ENVIRONMENT YOU WERE IN:

<input type="checkbox"/>	In marked crosswalk with stop signs
<input type="checkbox"/>	In marked crosswalk with lighted pedestrian signs
<input type="checkbox"/>	In unmarked area of the street. Injury did not occur in marked crosswalk area
<input type="checkbox"/>	Other

### AT THE TIME OF IMPACT YOU WERE:

<input type="checkbox"/> Walking	<input type="checkbox"/> Running/Jogging
<input type="checkbox"/> Stopped	<input type="checkbox"/> Other

### DESCRIPTION OF VEHICLE/PERSON/OBJECT THAT HIT YOU OR THAT YOU HIT:

<input type="checkbox"/> Passenger car	<input type="checkbox"/> Motorcycle	<input type="checkbox"/> Bus
<input type="checkbox"/> Sports Utility Vehicle	<input type="checkbox"/> Bicycle	<input type="checkbox"/> Semi-truck
<input type="checkbox"/> Pick-up Truck	<input type="checkbox"/> Large truck	<input type="checkbox"/> Other

### POSTED SPEED LIMIT IN IMPACT AREA (If uncertain check the unknown box):

WHAT IS THE SPEED LIMIT POSTED IN THE AREA WHERE THE INJURY OCCURRED?
_____ MPH. <input type="checkbox"/> Unknown

Doctor's Name/Address: Jeffrey R. Rockenmacher, DC, 4152 Katella Avenue, Suite 102, Los Alamitos, CA 90720

## PEDESTRIAN COLLISION (Page 2)

### AT THE TIME OF IMPACT THE VEHICLE/PERSON THAT HIT YOU WAS:

- |  |   |
|--|---|
| <input type="checkbox"/> Slowing down<br><input type="checkbox"/> Braking. You heard the brakes. | <input type="checkbox"/> Gaining Speed<br><input type="checkbox"/> Moving at steady speed |
|--|---|

### DURING AND AFTER THE IMPACT, DID YOUR BODY:

- |   |  |
|---|--|
| <input type="checkbox"/> Stay upright, not falling down<br><input type="checkbox"/> Fall down hitting street or sidewalk<br><input type="checkbox"/> Got hit by another vehicle<br><input type="checkbox"/> Flip end-over-end in front of the vehicle | <input type="checkbox"/> Flip upwards onto the hood or roof of the car<br><input type="checkbox"/> Slide along street or sidewalk<br><input type="checkbox"/> Slide under the striking vehicle<br><input type="checkbox"/> Other |
|---|--|

### INDICATE IF YOUR BODY HIT SOMETHING OR WAS HIT BY ANY OF THE FOLLOWING:

Please draw lines and match the left side to the right side.

Head Face Shoulder Arm/hand Front chest wall Side chest wall Hip/abdomen Knee Leg Foot	Front Windshield Front Bumper Light Fixtures Front grill of vehicle Hood of car Pavement/Street Surface Frame of car near windows Roof of other vehicle Other Other
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### CHECK IF ANY OF THE PARTS BROKE, BENT, OR WERE DAMAGED IN THE VEHICLE THAT HIT YOU:

- |  |   |
|--|---|
| <input type="checkbox"/> Front Bumper<br><input type="checkbox"/> Front Hood<br><input type="checkbox"/> Front Grill | <input type="checkbox"/> Front Windshield<br><input type="checkbox"/> Roof of vehicle<br><input type="checkbox"/> Unknown |
|--|---|

\* If your body was thrown or slid after the impact, estimate how many feet you slid or were thrown?  
 \_\_\_\_\_ feet. **If unknown, write in "unknown."**

Patient Name:	Date:	Doctor: Jeffrey R. Rockenmacher, DC 4152 Katella Avenue, Suite 102 Los Alamitos, CA 90720
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Form 4120



**EMERGENCY ROOM, DISABILITY, & CURRENT TREATMENT (Page 4)**

YES	NO	EMERGENCY ROOM
<input type="checkbox"/>	<input type="checkbox"/>	Did you go to the emergency room afterward? If no, go to the bottom of this form and fill out the disability/treatment sections. If yes, indicate when date and time: Name of the emergency room? _____ City: _____
<input type="checkbox"/>	<input type="checkbox"/>	Did you go to emergency room in an ambulance?
<input type="checkbox"/>	<input type="checkbox"/>	Did you or another person drive you to emergency room? Name of other person: _____
<input type="checkbox"/>	<input type="checkbox"/>	Were you hospitalized after being seen in the Emergency Room? If yes, how many days: _____
<input type="checkbox"/>	<input type="checkbox"/>	Did the emergency room doctor take <b>X-Rays</b> ? Check what regions x-rays were taken: <input type="checkbox"/> Skull/Face x-rays <input type="checkbox"/> Rib/Chest x-rays <input type="checkbox"/> Neck or Middle back x-rays <input type="checkbox"/> Collar bone x-rays <input type="checkbox"/> Low back or Hip/Pelvis x-rays <input type="checkbox"/> Shoulder, Arm or Hand x-rays <input type="checkbox"/> Leg or Foot <input type="checkbox"/> Other _____
<input type="checkbox"/>	<input type="checkbox"/>	Did the hospital or clinic take <b>MRI or CT SCAN</b> of your body? If yes, indicate what areas of body: <input type="checkbox"/> Skull, <input type="checkbox"/> Neck, <input type="checkbox"/> Low back or hip/pelvis, <input type="checkbox"/> Other _____
<input type="checkbox"/>	<input type="checkbox"/>	Did you have any broken bones/fractures? If yes, where: _____
<input type="checkbox"/>	<input type="checkbox"/>	Did you have a splint or cast put on for any sprain or fracture? If yes, type/location: _____
<input type="checkbox"/>	<input type="checkbox"/>	Did you have any dislocations? If yes, where: _____
<input type="checkbox"/>	<input type="checkbox"/>	Did you have <b>any cuts, lacerations, or abrasions</b> ? If yes, where: _____
<input type="checkbox"/>	<input type="checkbox"/>	Did you require any stitching for cuts? If yes, where: _____
<input type="checkbox"/>	<input type="checkbox"/>	Did you have any <b>visible bruises or lumps</b> ? If yes, where: _____
<input type="checkbox"/>	<input type="checkbox"/>	Did you have any visible <b>bruises</b> along the shoulder or lap portions of your <b>seatbelt</b> ?
<input type="checkbox"/>	<input type="checkbox"/>	Did the emergency room doctor give you pain medications or muscle relaxants?
<input type="checkbox"/>	<input type="checkbox"/>	Did the emergency room doctor give you any other medications/prescriptions?
<input type="checkbox"/>	<input type="checkbox"/>	Did you require any surgery after the accident? If yes, describe type and date: _____
<input type="checkbox"/>	<input type="checkbox"/>	Were you hospitalized overnight? If yes, indicate dates hospitalized: _____

**What did the Emergency Room or Hospital Doctor(s) say was wrong with you?**


**DISABILITY-HAVE YOU BEEN UNABLE TO WORK SINCE INJURY?**

☐ YES, ☐ NO I have lost days (time) off work? If yes, check if you were off work: ☐ Partially ☐ Completely

Please list all dates off work: From \_\_\_\_\_ to \_\_\_\_\_.

If yes, what physical activities (sitting, bending, lifting, walking, etc) have limited your ability to work?

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**CURRENT TREATMENT**

☐ YES, ☐ NO Are you currently seeing any other doctor/therapist? If yes, who: \_\_\_\_\_

☐ YES, ☐ NO Are you currently using any type of brace, support, collar, cane, crutches, TENS unit, or other devices to help your pain since the injury? If yes, indicate what type and how often you use: \_\_\_\_\_

☐ YES, ☐ NO Are you currently taking any over-the-counter or prescribed medications to help your pain? If yes, list these medications and how often you take them: \_\_\_\_\_

☐ YES, ☐ NO Have you been treating yourself (ice, heat, lotions, etc.)? If yes, list: \_\_\_\_\_

Patient Name: _____	Date: _____	Doctor: Jeffrey R. Rockenmacher, DC
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Form 2000

## PROVIDERS SEEN SINCE THE COLLISION (Page 5)

*Start with the first hospital/clinic/doctor/therapist that you went to after your motor vehicle crash and list all health care providers (all types of doctors or therapists), up to your last health care provider seen, and check all that apply for each. Be certain to list these in sequence from first health care provider seen to the last one.*

**①**

Name Emergency Room, hospital/doctor/therapist/center: \_\_\_\_\_

Address: \_\_\_\_\_ Date: \_\_\_\_\_

**Indicate what was done:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Exam-consultation                   | <input type="checkbox"/> Rehabilitation                | <input type="checkbox"/> Exercises           |
| <input type="checkbox"/> Exam or consult only (no treatment) | <input type="checkbox"/> Ultrasound                    | <input type="checkbox"/> Acupuncture         |
| <input type="checkbox"/> X-ray of neck or head               | <input type="checkbox"/> Spinal adjustments            | <input type="checkbox"/> Injection(s)        |
| <input type="checkbox"/> X-ray of chest/ribs/middle back     | <input type="checkbox"/> Muscle massage/myotherapy     | <input type="checkbox"/> Wrist brace-splint  |
| <input type="checkbox"/> X-ray of low back/pelvis/hips       | <input type="checkbox"/> Muscle stimulation            | <input type="checkbox"/> Neck collar (brace) |
| <input type="checkbox"/> X-ray of shoulder/arms/legs         | <input type="checkbox"/> Physical therapy              | <input type="checkbox"/> Low back brace      |
| <input type="checkbox"/> MRI/CT scan                         | <input type="checkbox"/> Anti-inflammatory medications | <input type="checkbox"/> Heat packs          |
| <input type="checkbox"/> EMG/Nerve conduction study          | <input type="checkbox"/> Pain medications              | <input type="checkbox"/> Ice packs           |
| <input type="checkbox"/> Other tests                         | <input type="checkbox"/> Muscle relaxants              | <input type="checkbox"/> Other: _____        |

Indicate if treatment with this provider: ☐ Helped, ☐ Did not help, ☐ Made condition worse

**②**

Name hospital/doctor/therapist/center seen: \_\_\_\_\_

Address: \_\_\_\_\_ Date: \_\_\_\_\_

**Indicate what was done:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Exam-consultation                   | <input type="checkbox"/> Rehabilitation                | <input type="checkbox"/> Exercises           |
| <input type="checkbox"/> Exam or consult only (no treatment) | <input type="checkbox"/> Ultrasound                    | <input type="checkbox"/> Acupuncture         |
| <input type="checkbox"/> X-ray of neck or head               | <input type="checkbox"/> Spinal adjustments            | <input type="checkbox"/> Injection(s)        |
| <input type="checkbox"/> X-ray of chest/ribs/middle back     | <input type="checkbox"/> Muscle massage/myotherapy     | <input type="checkbox"/> Wrist brace-splint  |
| <input type="checkbox"/> X-ray of low back/pelvis/hips       | <input type="checkbox"/> Muscle stimulation            | <input type="checkbox"/> Neck collar (brace) |
| <input type="checkbox"/> X-ray of shoulder/arm/leg           | <input type="checkbox"/> Physical therapy              | <input type="checkbox"/> Low back brace      |
| <input type="checkbox"/> MRI/CT scan                         | <input type="checkbox"/> Anti-inflammatory medications | <input type="checkbox"/> Heat packs          |
| <input type="checkbox"/> EMG/Nerve conduction study          | <input type="checkbox"/> Pain medications              | <input type="checkbox"/> Ice packs           |
| <input type="checkbox"/> Other tests: _____                  | <input type="checkbox"/> Muscle relaxants              | <input type="checkbox"/> Other: _____        |

Indicate if treatment with this provider: ☐ Helped, ☐ Did not help, ☐ Made condition worse

**③**

Name of hospital/doctor/therapist/center: \_\_\_\_\_

Address: \_\_\_\_\_ Date: \_\_\_\_\_

**Indicate what was done:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Exam-consultation                   | <input type="checkbox"/> Rehabilitation                | <input type="checkbox"/> Exercises           |
| <input type="checkbox"/> Exam or consult only (no treatment) | <input type="checkbox"/> Ultrasound                    | <input type="checkbox"/> Acupuncture         |
| <input type="checkbox"/> X-ray of neck or head               | <input type="checkbox"/> Spinal adjustments            | <input type="checkbox"/> Injection(s)        |
| <input type="checkbox"/> X-ray of chest/ribs/middle back     | <input type="checkbox"/> Muscle massage/myotherapy     | <input type="checkbox"/> Wrist brace-splint  |
| <input type="checkbox"/> X-ray of low back/pelvis/hips       | <input type="checkbox"/> Muscle stimulation            | <input type="checkbox"/> Neck collar (brace) |
| <input type="checkbox"/> X-ray of shoulder/arm/leg           | <input type="checkbox"/> Physical therapy              | <input type="checkbox"/> Low back brace      |
| <input type="checkbox"/> MRI/CT scan                         | <input type="checkbox"/> Anti-inflammatory medications | <input type="checkbox"/> Heat packs          |
| <input type="checkbox"/> EMG/Nerve conduction study          | <input type="checkbox"/> Pain medications              | <input type="checkbox"/> Ice packs           |
| <input type="checkbox"/> Other tests: _____                  | <input type="checkbox"/> Muscle relaxants              | <input type="checkbox"/> Other: _____        |

Indicate if treatment with this provider: ☐ Helped, ☐ Did not help, ☐ Made condition worse

Patient Name: _____	Date: _____	Doctor: Jeffrey R. Rockenmacher, DC
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## HEADACHE/MIGRAINE/HEAD/FACE PAIN AND/OR INJURY HISTORY (Page 3)

Please print clearly. Check all boxes that apply to you and describe your "YES" responses. Your doctor will be going over this questionnaire with you during your consultation, and you can clarify your answers at that time.

### YES NO GENERAL PRIOR HEAD REGION HISTORY

<input type="checkbox"/>	<input type="checkbox"/>	Have you recently had a fever, chill, respiratory or other infection, rash, circulatory disorder, or joint pain/swelling?
<input type="checkbox"/>	<input type="checkbox"/>	Have you had any illness or disease involving your muscles, collagen, blood, blood vessels, skin, or nerves?
<input type="checkbox"/>	<input type="checkbox"/>	Have you been told that you have an autoimmune or genetic condition of the head, brain or spine/spinal cord?
<input type="checkbox"/>	<input type="checkbox"/>	Have you been told you have arthritic, neurological, or vascular disease in your body or head/brain areas?
<input type="checkbox"/>	<input type="checkbox"/>	Have you had a previous head injury, blow or fall, striking your head, or concussion in the past?
<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had a disease or disorder to the skull, blood vessels, brain, eyes, or spinal cord? Describe below.
<input type="checkbox"/>	<input type="checkbox"/>	Have you been told that you have ever had a stroke, blood clot, artery blockage, or Trans-Ischemic Attack (TIA)?
<input type="checkbox"/>	<input type="checkbox"/>	Recently, have you had blurry or double vision, trouble speaking/swallowing, dizziness, fainting spells, nausea, trouble walking or balance problems, or hand/feet numbness or weakness? Describe below.
<input type="checkbox"/>	<input type="checkbox"/>	In the past four weeks has your head/neck been exposed to any violent motion/jerking or force? Describe below.

If yes, describe and provide dates:

If you have ever had headaches or migraines in the past, would you describe the type and severity of your current head pain/symptoms as being similar to the head pain you have had in the past, better than usual, slightly worse than usual, or a type of head pain that is entirely new or unusually severe? Describe below.

Patient: Describe any condition, accident, activity, medication, posture, diet, stress, etc., that may have caused or contributed for your current head pain/symptoms:

☐ No ☐ Yes. Have you had a history of having prior headaches/migraines/head/face pain/symptoms in the 12 months before this motor vehicle collision? If yes, describe their frequency and severity?

### HEAD PAIN/SYMPTOM DESCRIPTION

Describe your head pain location (top head, forehead, eye area, left side, right side, both sides, or back of your head).	
When did your head pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe all head/neck injuries and what happened.	
Describe all aggravating physical activities/motions. What makes your head pain worse?	
Describe any relieving physical activities. What activities lessen your head symptoms?	
Describe how your symptoms feel (examples: dull, sharp, ache, sore, pain, numbness, tingling, worst pain ever, etc).	
Describe any symptoms that originate from your neck or jaw region that radiate to your head.	
How frequent and severe are your pain/symptoms?	Percent of time      % Pain Severity (0-10)
List all prior doctors you have seen for your headaches/head pain before, describe any treatment/medications used, and describe the name or types of headaches/migraines that doctors have diagnosed you as having.	

Patient Name:

Date:

Doctor: Jeffrey R. Rockenmacher, DC

Form 1010

## NECK, BACK, HIP, PELVIS PAIN AND/OR INJURY HISTORY (Page 3)

Please print clearly. Check all boxes that apply to you and describe your "YES" responses. Your doctor will be going over this questionnaire with you during your consultation, and you can clarify your answers at that time.

### YES NO GENERAL SPINE HISTORY (HEAD, NECK, MIDDLE-LOW BACK, SACRUM, AND PELVIS)

<input type="checkbox"/>	<input type="checkbox"/>	Have you been told that you have scoliosis, spondylolisthesis, spina bifida, or fused vertebrae?
<input type="checkbox"/>	<input type="checkbox"/>	Told that you have a bulging/herniated disc or disc degeneration in the spine?
<input type="checkbox"/>	<input type="checkbox"/>	Told you have weak bones, osteoporosis, osteopenia, or ankylosing spondylitis in your spine or joints?
<input type="checkbox"/>	<input type="checkbox"/>	Told you have arthritis, degeneration, or rheumatoid arthritis in your spine or joints?
<input type="checkbox"/>	<input type="checkbox"/>	Have you had a previous head injury or brain/spinal cord disease in the past?
<input type="checkbox"/>	<input type="checkbox"/>	Have you injured your neck, back, sacrum or pelvis in the past?
<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had an injection into your discs or spine (facet joints) in your back, sacrum or neck?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a stomach, intestinal, digestive, malabsorption disorder (wheat allergy, etc.), muscle disease, prostate, ovarian, or uterine problem, condition or disease that could be affecting your back?

If yes, describe and provide dates:

### SYMPTOM OR COMPLAINT ONSET

☐ Suddenly, ☐ Gradually. Check box indicating if your current neck/back symptoms developed gradually or suddenly.

### NECK PAIN AND/OR INJURY HISTORY

Describe your neck pain location (left side, right side, middle of your neck, both sides, front, or back).	
When did your neck pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe what happened.	
Describe all aggravating physical activities/motions. What makes your neck or referring arm pain worse?	
Describe any relieving physical activities. What activities lessen your neck/arm symptoms?	
Describe how your symptoms feel (examples: dull, sharp, ache, sore, pain, numbness, tingling, stiff).	
Describe any symptoms that originate from your neck that radiate to your head/shoulders/arms/hands.	
How frequent are your pain/symptoms (Percent)?	
How severe are your pain/symptoms (Zero-to-10)?	
List all doctors you have seen for your neck before.	

### YES NO NECK REGION HISTORY CONTINUED

<input type="checkbox"/>	<input type="checkbox"/>	Do you get dizzy when you look up or twist your head? If yes, how often:
<input type="checkbox"/>	<input type="checkbox"/>	Do you black out, lose your balance or get a headache when you look up or twist your head?
<input type="checkbox"/>	<input type="checkbox"/>	Do you feel your neck pain sends pain downwards between your shoulders or to the front of your chest?
<input type="checkbox"/>	<input type="checkbox"/>	Have you had a new type of headache or an unusually severe headache recently?
<input type="checkbox"/>	<input type="checkbox"/>	Have you noticed your head leaning or tilting to one side recently?

Patient Name:

Date:

Doctor: Jeffrey R. Rockenmacher, DC

Form 1010



## UPPER-MIDDLE BACK, LOW BACK, PELVIS REGION HISTORY (Page 4)

(Skip this page if you do not have any injuries or symptoms here)

Describe your pain location (middle back, lower back, sacrum and if located in the front/side/back of body)	
When did your pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe what happened.	
Describe all aggravating physical activities/motions. What makes your back or referring leg pain worse?	
Describe any relieving physical activities. What activities lessen your back or leg symptoms?	
Describe any symptoms that originate from your back that radiate to your chest, hips, legs, or feet.	
Describe how your symptoms feel (examples: dull, sharp, ache, sore, pain, numbness, tingling, stiff, etc).	
How frequent are your pain/symptoms (Percent)?	
How severe are your pain/symptoms (Zero-to-10)?	
List all doctors you have seen for your back before.	

### YES NO THORACIC AND LOW BACK REGION HISTORY CONTINUED

<input type="checkbox"/>	<input type="checkbox"/>	Do you have pain that shoots or radiates outward along your rib cage?
<input type="checkbox"/>	<input type="checkbox"/>	Does your middle back or chest wall pain intensify when you take in a deep breath or cough?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a tight band-like feeling sometimes around your chest?
<input type="checkbox"/>	<input type="checkbox"/>	Do you recently have any associated unusual indigestion, chest pressure, or pain down your left arm?
<input type="checkbox"/>	<input type="checkbox"/>	When you move your neck around, does your middle back pain or chest pain increase?
<input type="checkbox"/>	<input type="checkbox"/>	When you cough, sneeze, or bear down to have a bowel movement, does your back/leg pain get worse?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a consistent pattern of getting severe leg pain or cramping after walking for similar distance that is relieved by resting or sitting down? This pain resumes after walking for same distance.
<input type="checkbox"/>	<input type="checkbox"/>	Do you get leg pain or hip pain while walking that is consistently relieved by sitting down or lying down? This pain doesn't bother you at night or while sitting.
<input type="checkbox"/>	<input type="checkbox"/>	Does either leg or foot drag on the floor when you walk?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a lot of leg cramps at night recently?
<input type="checkbox"/>	<input type="checkbox"/>	Have you recently had any urinary or bowel incontinence or had difficulty urinating?
<input type="checkbox"/>	<input type="checkbox"/>	Do your feet feel cold recently? If yes, indicate which foot or if both feet:
<input type="checkbox"/>	<input type="checkbox"/>	Have you recently noticed that either of your legs occasionally gives out on you when you walk?
<input type="checkbox"/>	<input type="checkbox"/>	Does one or both of your legs feel weak recently?
<input type="checkbox"/>	<input type="checkbox"/>	Has your anal-rectal region been completely numb recently?

Please print clearly

**If yes, describe and indicate dates:**


Patient Name:	Date:	Doctor: Jeffrey R. Rockenmacher, DC
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Form 1010

## EXTREMITY PAIN OR INJURY QUESTIONNAIRE

Answer the following questions if you have extremity symptoms or injury. Skip this page if you do not. If some of the questions are unclear to you, skip ahead to the next question. Your doctor will be going over this questionnaire with. Please print clearly.

### SHOULDER, ARM, ELBOW, WRIST AND HAND REGION

Describe pain location (left, right, middle, front, back, top). Example: top of shoulder joint/inside left elbow)	
When did your pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe what happened.	
Describe all aggravating physical activities/motions. What makes your shoulder-arm symptoms worse?	
Describe any relieving physical activities/motions. What lessens your shoulder-arm pain-symptoms?	
If present, describe which fingers or part of your hand you have any pain, numbness, or tingling.	
Describe how your symptoms feel (examples: dull, sharp, ache, sore, pain, numbness, tingling, stiff).	
How frequent are your pain/symptoms (Percent)?	
How severe are your pain/symptoms (Zero-to-10)?	
List all doctors you have seen for your shoulder, arm, or hands before.	

### HIP, LEG, KNEE, ANKLE AND FOOT REGION

Describe your pain location (left, right, middle, front, back). Example: front of hip/outer calf area.	
When did your pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe what happened.	
Describe all aggravating physical activities/motions: What makes your hip-leg pain-symptoms worse?	
Describe any relieving physical activities: What lessens your hip-leg symptoms-pain?	
If present, describe which toes or part of your leg/foot you have any pain, numbness, or tingling.	
Describe how your symptoms feel (examples: dull, sharp, ache, numbness/tingling, stiff, etc).	
How frequent are your pain/symptoms (Percent)?	
How severe are your pain/symptoms (Zero-to-10)?	
List all doctors you have seen for your hip, leg, knee, ankle, and foot before.	

☐ No, ☐ Yes. **HAVE YOU HAD ANY PRIOR INJURIES OR FRACTURES TO YOUR ARMS AND LEGS?**

Describe body part, date, and residual pain:

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Patient Name:	Date:	Doctor: Jeffrey R. Rockenmacher, DC
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Form 1010



## POST-TRAUMATIC SYMPTOM QUESTIONNAIRE

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

**PATIENT INSTRUCTIONS:** Look at each symptom listed in the left column and **make a single check mark or several check marks in the appropriate columns** to the right for the specific symptoms which apply to you relative to the onset and current complaints. Leave the row blank if the symptom listed below does not apply to you.

<b>SYMPTOM LIST</b> (Check all of the symptoms that began after your injury that apply to you)	<b>BEGAN IN LESS THAN 24 HOURS AFTER INJURY</b>	<b>SYMPTOMS BEGAN 1 TO 7 DAYS AFTER INJURY</b>	<b>YOU HAVE SYMPTOMS PRESENTLY</b>	<b>YOU HAD SIMILAR SYMPTOMS WITHIN 12-MONTHS PRIOR TO THIS INJURY</b>
Headache/migraine/face pain				
Nausea and/or vomiting				
Tinnitus (ear ringing)				
Blurry vision or other visual symptoms				
Memory problems or forgetful				
Poor concentration or less mental stamina				
Dizziness or giddiness				
Feel unsteady on feet when it is dark at night				
Balance problems when reaching overhead				
Loss of coordination with arms/hands/legs				
Feel unsteady when walking				
Misjudges distance when moving about				
Feel unsteady bending down to pick-up items				
Tripping while walking since injury				
Light-headed when turning head-looking up				
Feel unsteady when standing up/sitting down				
Sensitivity to light or sound				
Fatigue since injury				
Loss or absence of smell and/or taste				
Pain/difficulty swallowing				
Jaw pain/soreness or difficulty chewing				
Neck pain/soreness/aching/stiff				
Shoulder pain/stiffness				
Arm/hand pain/tingling/numbness				
Weakness in arms or hands				
Upper/middle back pain/soreness				
Chest pain or bruising				
Rib cage pain or bruising				
Abdominal-Pelvic pain or bruising				
Low back pain/soreness/aching				
Hip pain or bruising				
Upper leg or thigh pain				
Leg numbness/tingling				
Weakness in legs or feet				
Pain radiating down leg(s)				
Knee, lower leg or calf pain				
Ankle/foot/toe pain				
Other				

Jeffrey R. Rockenmacher, DC, 4152 Katella Avenue, Suite 102, Los Alamitos, CA 90720

Form 1050

## GENERAL HEALTH HISTORY (Page 1)

**DESCRIBE ALL OF THE REASON(S) WHY YOU HAVE COME TO OUR OFFICE (Symptoms/Injury). Print Clearly**


*Check no or yes to the questions below. If yes, check if you had it recently or had the condition in the past?*

NO	YES	GENERAL QUESTIONS
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a history of poor healing or told that you have a healing disorder?
<input type="checkbox"/>	<input type="checkbox"/>	Do you smoke cigarettes or use tobacco products recently or currently?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a thyroid, kidney, liver/gallbladder, or other endocrine-metabolic disorder?
<input type="checkbox"/>	<input type="checkbox"/>	Have you been told you are pre-diabetic (hypoglycemia), diabetic or have high cholesterol?
<input type="checkbox"/>	<input type="checkbox"/>	Have you had a heart attack, heart disease, a heart pacemaker or a neck or chest shunt?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have any infectious diseases such as AIDS, Tuberculosis, Meningitis, Hepatitis, etc.?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have difficulties or intolerance to heat packs or ice packs on your skin?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have problems with dizziness, blacking out, balance problems, fainting, or tripping?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have an epilepsy-seizure-Convulsion history or any other neurological disease?
<input type="checkbox"/>	<input type="checkbox"/>	History of multiple sclerosis, lupus, psoriasis, paralysis, or disease affecting nerves?
<input type="checkbox"/>	<input type="checkbox"/>	Have you been diagnosed with cancer or had cancer treatment or surgery of any type?
<input type="checkbox"/>	<input type="checkbox"/>	Have you had a stroke or transient ischemic attacks (TIA).
<input type="checkbox"/>	<input type="checkbox"/>	Have you had blood clots, bleeding or vascular disorders, or told you have an abdominal or brain aneurysm?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have hypertension or high blood pressure? If yes, name of MD currently seeing:
<input type="checkbox"/>	<input type="checkbox"/>	Do you have an autoimmune disease, digestive or intestinal disease, or respiratory diseases, etc?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a history of fatigue, weight loss/gain, fever, kidney/ovarian pain, or bowel/bladder disorders
<input type="checkbox"/>	<input type="checkbox"/>	<b>Women only:</b> Check box to left if there any chance that you are currently pregnant

**If you checked yes above, please describe:**


**HAVE YOU HAD PRIOR INJURY OR PREVIOUS MUSCULOSKELETAL PAIN?**

☐ NO, ☐ YES. (Check NO box if you have never had a history in the past) If yes, please describe below:


**HAVE YOU HAD FRACTURES/BROKEN BONES IN THE PAST?**

☐ NO, ☐ YES. (Check NO box if you have never had any broken bones in the past). If yes, please describe below:


**HAVE YOU EVER BEEN HOSPITALIZED?**

☐ NO, ☐ YES. (Check NO box if you have never been hospitalized in the past) If yes, please describe below:


**HAVE YOU HAD ANY PREVIOUS SURGERIES?**

☐ NO, ☐ YES. (Check NO box if you never had any surgical procedure in the past). If yes (including silicone implants, cancer, spine, herniated discs, genetic conditions, ports in the chest/abdomen), please describe type and when:


Patient Name:	Date:	Doctor: Jeffrey R. Rockenmacher, DC
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## GENERAL HEALTH HISTORY (Page 2)

### PRIOR INTERVENTION BY OTHER HEALTH CARE PROVIDERS

☐ No, ☐ Yes. Have you seen any other doctors for the same condition(s) that you are seeking chiropractic today?

If yes, list doctor names, tests, and results:

☐ No, ☐ Yes. Have you taken any pain or anti-inflammatory medications today? If yes, describe the name(s) of the medication(s) and when you took it last:

☐ No, ☐ Yes. Do you have a fever, cold, virus, or infection currently? If yes, describe:

☐ No, ☐ Yes. Do you have a family history of high blood pressure, stroke, heart attacks, scoliosis, spina bifida, genetic conditions of the spine, rheumatoid arthritis, other forms of joint or spine arthritis, herniated discs in the spine, spinal cord disease, brain disease, nerve disease, blood vessel aneurysms, blood disease, or other diseases?

If yes, please describe:

☐ No, ☐ Yes. Have you been treated by a Chiropractor for any condition and/or injury in the past?

List Chiropractor's Name: City: Year:

List Problem(s) that the Chiropractor treated you for:

Please list the name of your primary medical doctor and when you had your last appointment?

☐ No, ☐ Yes. Do you have any problems laying face down on an examination table (tender breasts, chest or breast surgical implants, ports, etc)? If yes, why:

### SLEEPING PATTERNS AND/OR DISORDERS

☐ No, ☐ Yes. Do you sleep normally at night? In no, please describe your sleeping problems below:

### MEDICATION HISTORY (PRESCRIBED AND OVER-THE-COUNTER)

☐ No, ☐ Yes. Are you taking any medications currently? In yes, list all medications that you are taking:

### FOOD OR MEDICATION ALLERGY HISTORY

☐ No, ☐ Yes. Do you have allergies to any medications, foods, shellfish, seafood, etc? If yes, List:

### EXERCISE ROUTINE

☐ No, ☐ Yes. Do you exercise every week? If yes, describe your typical routine over the past month.

Patient Name:

Date:

Doctor: Jeffrey R. Rockenmacher, DC

Form 1010

## Oswestry Disability Index

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

**PLEASE READ:** Please complete this questionnaire. It is designed to give us information as to how your back (or leg) trouble has affected your ability to manage in everyday life.

Please answer **every section**. Mark **ONE** box only in each section that most closely describes you **today**.

<p><b>Section 1 – Pain Intensity</b></p> <p>A. <input type="checkbox"/> I have no pain at the moment</p> <p>B. <input type="checkbox"/> The pain is very mild at the moment</p> <p>C. <input type="checkbox"/> The pain is moderate at the moment</p> <p>D. <input type="checkbox"/> The pain is fairly severe at the moment</p> <p>E. <input type="checkbox"/> The pain is very severe at the moment</p> <p>F. <input type="checkbox"/> The pain is the worst imaginable at the moment</p>	<p><b>Section 6 – Standing</b></p> <p>A. <input type="checkbox"/> I can stand as long as I want without extra pain</p> <p>B. <input type="checkbox"/> I can stand as long as I want but gives me extra pain</p> <p>C. <input type="checkbox"/> Pain prevents me from standing for more than 1 hour</p> <p>D. <input type="checkbox"/> Pain prevents me from standing more than ½ hour</p> <p>E. <input type="checkbox"/> Pain prevents me from standing for more than 10 minutes</p> <p>F. <input type="checkbox"/> Pain prevents me from standing at all</p>
<p><b>Section 2 – Personal Care (washing, dressing, etc.)</b></p> <p>A. <input type="checkbox"/> I can look after myself normally without causing extra pain</p> <p>B. <input type="checkbox"/> I can look after myself normally but it is very painful</p> <p>C. <input type="checkbox"/> It is painful to look after myself and I am slow and careful</p> <p>D. <input type="checkbox"/> I need some help but manage most of my personal care</p> <p>E. <input type="checkbox"/> I need help every day in most aspects of self care</p> <p>F. <input type="checkbox"/> I do not get dressed, wash with difficulty and stay in bed</p>	<p><b>Section 7 – Sleeping</b></p> <p>A. <input type="checkbox"/> My sleep is never disturbed by pain</p> <p>B. <input type="checkbox"/> My sleep is occasionally disturbed by pain</p> <p>C. <input type="checkbox"/> Because of pain I have less than 6 hours' sleep</p> <p>D. <input type="checkbox"/> Because of pain I have less than 4 hours' sleep</p> <p>E. <input type="checkbox"/> Because of pain I have less than 2 hours' sleep</p> <p>F. <input type="checkbox"/> Pain prevent me from sleeping at all</p>
<p><b>Section 3 – Lifting</b></p> <p>A. <input type="checkbox"/> I can lift heavy weights without extra pain</p> <p>B. <input type="checkbox"/> I can lift heavy weights, but it causes extra pain</p> <p>C. <input type="checkbox"/> Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g. on a table</p> <p>D. <input type="checkbox"/> Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.</p> <p>E. <input type="checkbox"/> I can only lift very light weights, at the most</p> <p>F. <input type="checkbox"/> I cannot lift or carry anything at all</p>	<p><b>Section 8 – Social Life</b></p> <p>A. <input type="checkbox"/> My social life is normal and causes me no extra pain</p> <p>B. <input type="checkbox"/> My social life is normal, but increases the degree of pain</p> <p>C. <input type="checkbox"/> Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g., sports, etc.</p> <p>D. <input type="checkbox"/> Pain has restricted my social life and I do not go out as often.</p> <p>E. <input type="checkbox"/> Pain has restricted my social life to my home</p> <p>F. <input type="checkbox"/> I have no social life because of the pain</p>
<p><b>Section 4 – Walking</b></p> <p>A. <input type="checkbox"/> Pain does not prevent me from walking any distance</p> <p>B. <input type="checkbox"/> Pain prevents me from walking more than one mile</p> <p>C. <input type="checkbox"/> Pain prevents me from walking more than ¼ mile</p> <p>D. <input type="checkbox"/> Pain prevents me from walking more than 100 yards</p> <p>E. <input type="checkbox"/> I can only walk while using a stick or crutches</p> <p>F. <input type="checkbox"/> I am in bed most of the time and have to crawl to the toilet</p>	<p><b>Section 9 – Traveling</b></p> <p>A. <input type="checkbox"/> I can travel anywhere without pain</p> <p>B. <input type="checkbox"/> I can travel anywhere but it gives me extra pain</p> <p>C. <input type="checkbox"/> Pain is bad but I manage journeys over 2 hours</p> <p>D. <input type="checkbox"/> Pain restricts me to journeys of less than 1 hour</p> <p>E. <input type="checkbox"/> Pain restricts me to short necessary journeys under 30 minutes</p> <p>F. <input type="checkbox"/> Pain prevents me from traveling except to receive treatment</p>
<p><b>Section 5 – Sitting</b></p> <p>A. <input type="checkbox"/> I can sit in any chair as long as I like</p> <p>B. <input type="checkbox"/> I can only sit in my favorite chair as long as I like</p> <p>C. <input type="checkbox"/> Pain prevents me from sitting more than 1 hour</p> <p>D. <input type="checkbox"/> Pain prevents me from sitting more than ½ hour.</p> <p>E. <input type="checkbox"/> Pain prevents me from sitting more than ten minutes</p> <p>F. <input type="checkbox"/> Pain prevents me from sitting at all</p>	<p><b>Section 10 – Employment/ Homemaking</b></p> <p>A. <input type="checkbox"/> My normal homemaking/job activities do no cause pain</p> <p>B. <input type="checkbox"/> My normal homemaking/job activities increase my pain, but I can still perform these tasks.</p> <p>C. <input type="checkbox"/> I can perform most of my homemaking/job activities, except for more physically stressful activities</p> <p>D. <input type="checkbox"/> Pain prevents me from doing anything but light duties</p> <p>E. <input type="checkbox"/> Pain prevents me from doing even light duties</p> <p>F. <input type="checkbox"/> Pain prevents me from performing any job or homemaking chores.</p>

**COMMENTS:** \_\_\_\_\_

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**ROCKENMACHER**  
CHIROPRACTIC · SPORTS MEDICINE · WELLNESS

**Rockenmacher Chiropractic Financial Agreement for Personal Injury Patients**

We would like to take a moment to welcome you to our office and to assure you that you will receive the very best care available for your injury. In order to familiarize you with the financial policy of our office, I would like to explain how your medical bills will be handled.

**PARTY RESPONSIBLE:**

If you were involved in an auto accident in your own vehicle, we will bill the medical payments portion or Personal Injury Protection portion of your insurance policy to cover treatment charges incurred in our office.

**MEDPAY:** If you were a passenger in another vehicle, the insurance company which insures the automobile may be billed for your medical services incurred.

**PIP:** If you were a passenger in another vehicle, and your own car which has PIP coverage, the insurance company which carries your policy will be responsible to pay your medical bills.

**3<sup>rd</sup> PARTY:** If another vehicle has caused the accident, we will first bill your automobile MedPay or PIP policy for coverage PRIOR to submitting a claim to the insurance carrier of the party at fault.

It is also to your advantage for our office to bill your own health insurance policy for your medical services, providing your policy does not state otherwise. Any amount received above or beyond your total bill in this office will be refunded to you.

**ATTORNEY LIENS:**

If you hire an attorney to represent you in a law suit, it is our policy to have your attorney sign a Doctor's Lien. This will guarantee direct payment to our office for any undid balance upon the settlement of your law suit. We retain the right to first submit all charges to your private and/or auto insurance policy for payment. Further, this office does not discount or reduce the amount of your balance based upon the outcome of your settlement.

**RESPONSIBILITY FOR PAYMENT:**

As a courtesy to you, we will gladly submit your charges to your insurance company(ies) and/or your attorney; however, all services rendered by this office are charged directly to you, and ultimately, you are personally responsible for payment for these charges, regardless of any insurance reimbursement or settlement you may or may not receive.

Once again, we welcome you to our office. We hope that this has answered any questions that you might have about our financial arrangements. If, at any time, you have further questions about your care, please, don't hesitate to ask.

I have read and agree to the above

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date



**ROCKENMACHER**  
CHIROPRACTIC • SPORTS MEDICINE • WELLNESS

### INFORMED CONSENT TO CHIROPRACTIC TREATMENT

I hereby request and consent to the performance of Chiropractic adjustments and any other Chiropractic procedures, including examination tests, diagnostic x-rays and physical therapy techniques, on me (or on the patient named below for which I am legally responsible) which are recommended by the doctor of Chiropractic named below and/or other licensed doctors of Chiropractic who now, or in the future, render treatment to me, while employed by, working for, or associated with, or serving as backup for the doctor of Chiropractic named below.

I understand that, as with any health care procedures, these are certain complications which may arise during Chiropractic adjustment. Those complications include, but are not limited to; fracture, disc injuries, dislocations, muscle strain, Homer's Syndrome, diaphragmatic paralysis, cervical myelopathy and costovertebral strains and separations. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck, leading to, or contributing to serious complications including stroke. I do not expect the doctor to be able to anticipate all risks and complications; and I wish to rely on the doctor to exercise judgment during the course of the procedures which the doctor feels at the time, based on the facts then know, are in my best interest.

I have had an opportunity to discuss with the doctor named below and/or with office personnel the nature, purpose and risks of Chiropractic adjustments and other recommended procedures and have had my questions answered to my satisfaction. I understand that the results are not guaranteed.

I have read or have had read to me the above explanation of the Chiropractic adjustment and related treatment. By signing below I state that I have weighted the risks involved in undergoing treatment and have myself decided that it is in my best interest to undergo the Chiropractic treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment. I intend this consent form to cover the entire course of treatment for present condition and or any future conditions for which I seek treatment.

Print name (s) of Doctor Treating This Patient

Jeffrey R. Rockenmacher, D.C.

4152 Katella Ave, Ste #102

Los Alamitos, CA 90720

**DO NOT SIGN UNTIL HAVE READ AND UNDERSTAND THE ABOVE**

\_\_\_\_\_  
Printed Name of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient's Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness to Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Translated by

\_\_\_\_\_  
Date

**Office (562) 598-9609 • Fax (562) 799-1462**  
**4152 KATELLA AVE., SUITE 102 • LOS ALAMITOS, CA 90720**





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## HIPAA

### PATIENT ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES\*

\*Notice of Privacy Practices can be obtained at <http://rockenmacherchiropractic.com/new-patient-center/notice-of-privacy-practice.html> or you can request a hard copy from our front desk.

You may refuse to sign this acknowledgement. In refusing we *may not be allowed* to process your insurance claims.

Date: \_\_\_\_\_

The undersigned acknowledges receipt of a copy of the currently effective Notice of Privacy Practices for this healthcare facility. A copy of this signed, dated document shall be as effective as the original.

\_\_\_\_\_  
Please **print** name of Patient

\_\_\_\_\_  
Patient **signature** / If Guardian please sign

\_\_\_\_\_  
Please print name of Legal Representative/Guardian

\_\_\_\_\_  
Relationship of Legal Representative / Guardian

### Office Use Only

As Privacy Officer, I attempted to obtain the patient's (or representatives) signature on this Acknowledgement but did not because:

It was emergency treatment \_\_\_\_\_

I could not communicate with the patient \_\_\_\_\_

The patient refused to sign \_\_\_\_\_

The patient was unable to sign because \_\_\_\_\_

Other (please describe) \_\_\_\_\_

Signature of Privacy Officer

\_\_\_\_\_



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**Authorization to Use or Disclose Protected Health Information**

**Patient Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Date of Request:** \_\_\_\_\_

**As required by HIPPA Privacy Regulations, protected health information may not be used or disclosed to a third party without patient authorization.**

I hereby authorize Dr. Jeffrey Rockenmacher and his employees to disclose my Patient Health Information to the following person, health care provider or other:

1. **Health Insurance Payer(s):** \_\_\_\_\_

2. **Family Member(s):** \_\_\_\_\_

**Patient health information authorized to be disclosed:**

1. Patient intake forms, chart notes, patient records, Dr's reports, diagnostic studies, diagnosis, prognosis, appointments, balances.

2. Other: \_\_\_\_\_

**For the specific purpose of:**

1. Processing of claims, obtaining authorization for treatment, scheduling appointments, collecting balances, and obtaining patient information to facilitate healthcare operations.

2. Other: \_\_\_\_\_

**Effective dates** for this authorization: **1/1/2021** through **12/31/2021**. This authorization will expire at the end of the above period.

I understand that the information disclosed above may be re-disclosed to additional parties and no longer protected for reasons beyond your control.

**I understand I have the right to:**

1. Revoke this authorization by sending written notice to this office and that revocation will not affect his office's previous reliance on the uses or disclosure pursuant to this authorization.
2. Inspect a copy of the Patient Health Information being used or disclosed under federal law.
3. Refuse to sign this authorization.
4. Receive a copy of this authorization.
5. Restrict what is disclosed with this authorization.

I also understand that if I do not sign this document, it will not condition my treatment, payment, enrollment in a health plan, or eligibility for benefits whether or not I provide authorization to use or disclose protected health information.

\_\_\_\_\_  
**Signature of Patient or Patient's Authorized Representative**

\_\_\_\_\_  
**Date**





**ROCKENMACHER**  
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## NOTICE OF DOCTOR'S LIEN

Patient: \_\_\_\_\_ Date of Accident: \_\_\_\_\_

I do hereby authorize \_\_\_\_\_ to furnish you, my attorney, with a full report of his examination, diagnosis, treatment, prognosis, etc., of myself in regard to the accident in which I was recently involved.

I hereby authorize and direct you, my attorney, to pay directly to said doctor such sums as may be due and owing him for the medical service rendered me both by reason of this accident and by reason of any other bills that are due his office and to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect and fully compensate said doctor. And I hereby further give a Lien on my case to said doctor against any and all proceeds of my settlement, judgment, or verdict which may be paid to you, my attorney, or myself, as the result of the injuries for which I have been treated or injuries in connection therewith.

I fully understand that I am directly and fully responsible to said doctor for all medical bills submitted by him for service rendered and that this agreement is made solely for said doctor's additional protection and in consideration of his awaiting payment. And I further understand that such payment is not contingent on any settlement, judgment or verdict which I may eventually recover said fee.

I agree to promptly notify said doctor of any change or addition of attorney(s) used by me in connection with this accident, and I instruct my attorney to do the same and to promptly deliver a copy of this lien to any such substituted attorney(s).

Please acknowledge this letter by signing below and returning to the doctor's office. I have been advised that if my attorney does not wish to cooperate in protecting the doctor's interest, the doctor will not await payment and may declare the entire balance due and payable.

\_\_\_\_\_  
DATED

\_\_\_\_\_  
PATIENT'S SIGNATURE

The undersigned being attorney of record for the above patient does hereby agree to observe all the terms of the above and agrees to withhold such sums from any settlement, judgment, or verdict, as may be necessary to adequately protect and fully compensate said doctor above-named. Attorney further agrees that in the event this lien is litigated, that the prevailing party will be awarded attorney fees and costs.

\_\_\_\_\_  
DATED

\_\_\_\_\_  
ATTORNEY SIGNATURE



**ROCKENMACHER**

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## RESCISSION OF ATTORNEY ASSIGNMENT OF BENEFITS

PATIENT: \_\_\_\_\_

INSURED: \_\_\_\_\_

DATE OF INJURY: \_\_\_\_\_

CLAIM#/POLICY#: \_\_\_\_\_

SOCIAL SECURITY#: \_\_\_\_\_

I, being the insured on this policy, specifically direct you, my insurance company to rescind and cancel any assignment given to you by any third party including my attorney, EXCEPT to my physician listed below:

Rockenmacher Chiropractic Inc.  
4152 Katella Avenue, Ste #102  
Los Alamitos, CA 90720  
Tel (562) 598-9609 Fax (562) 799-1462

As owner and beneficiary of this policy, I further direct that reimbursement for ALL services be paid DIRECTLY to my physician, the provider of services, under the terms of my contract with this company. NO other third party, including my attorney, should receive payment of my medical bill for the remainder of this claim.

Thank you for your cooperation in this matter.

\_\_\_\_\_  
Patient/Insured Signature

\_\_\_\_\_  
Date





## Rockenmacher Chiropractic Consent to Treat a Minor

I, undersigned parent/guardian having legal custody/legal guardianship of \_\_\_\_\_, a minor, do hereby authorize \_\_\_\_\_ to perform x-rays  
(Name of minor) (Provider)

Examination and provide any chiropractic diagnosis or treatment, which is deemed advisable by a licensed chiropractor in the state of California.

It is understood that this authorization is given prior to any specific diagnosis or treatment being required, but is given to provide authority to give specific consent to any and all such diagnosis and treatment which \_\_\_\_\_, meeting the requires of this  
(Provider)  
authorization, may, in the exercise of his/her best judgment, deem advisable.

This authorization shall remain in effect until \_\_\_\_\_ is 18 years of age, or  
the authorization is revoked in writing (Name of minor)

Signature of Parent/Legal Guardian: \_\_\_\_\_

Printed Name of Parent/Legal Guardian: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Date: \_\_\_\_\_