

# CONFIDENTIAL HEALTH INFORMATION

Please allow our staff to photocopy your driver's license and insurance details.  
All information you supply is confidential.  
We comply with all federal privacy standards. Please print clearly.



**ROCKENMACHER**  
CHIROPRACTIC · SPORTS MEDICINE · WELLNESS

Today's Date (MM/DD/YYYY)

Have you consulted a chiropractor before?

Whom may we thank for referring you?

☐ No ☐ Yes When? \_\_\_\_\_

If so, whom?

Your Last Name

Gender

☐ Male ☐ Female

Your Social Security Number

Your First Name

Your Middle Name (or Initial)

Birth Date (MM/DD/YYYY)

Marital Status

☐ Single ☐ Married ☐ Divorced  
☐ Widowed ☐ Separated

Address

City

State/Province

ZIP/Postal Code

Home Phone

Spouse's Name

Email Address

Cell Phone

Child's Name and Age

Emergency Contact

Phone

Child's Name and Age

Your Occupation

Child's Name and Age

Your Employer

May we contact you at work?

☐ Yes ☐ No

Address

City

State/Province

ZIP/Postal Code

Work Phone

Insurance Carrier

Policy Number

Primary Care Provider's Name

Insured's Last Name

First Name

Middle Name (or Initial)

Who carries this policy?

☐ Self ☐ Spouse ☐ Parent

Insured's Employer

Address

State/Province

ZIP/Postal Code

Employer's Phone

1. The symptom(s) that have prompted me to seek care today include: \_\_\_\_\_

Patient Name \_\_\_\_\_

2. And the results of : ☐ An accident or injury  
☐ Work ☐ Auto ☐ Other \_\_\_\_\_  
☐ A worsening long-term problem  
☐ An interest in: ☐ Wellness ☐ Other \_\_\_\_\_

3. Onset (When did you first notice your current symptoms?)  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

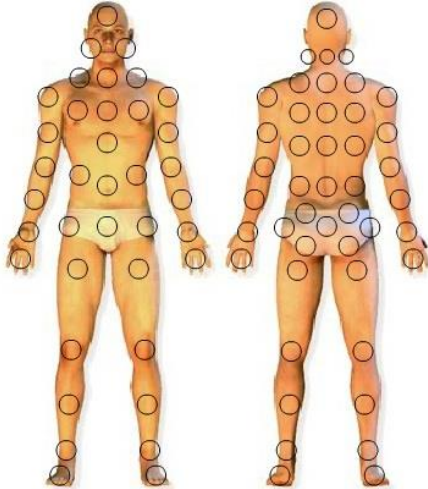
4. Intensity (How extreme are your current symptoms?)  
0 ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10  
Absent Uncomfortable Agonizing

5. Duration and Timing (How often do you feel it?)  
☐ Constantly (76-100%)  
☐ Frequently (51-75%)  
☐ Occasionally (26-50%)  
☐ Intermittently (0-25%)

6. Quality of Symptoms (What does it feel like?)

- ☐ Numbness
- ☐ Tingling
- ☐ Stiffness
- ☐ Dull
- ☐ Aching
- ☐ Cramps
- ☐ Nagging
- ☐ Sharp
- ☐ Burning
- ☐ Shooting
- ☐ Throbbing
- ☐ Stabbing
- ☐ Other \_\_\_\_\_

7. Location (Where does it hurt?)  
Mark the area(s) on the illustration.



8. Radiation (Does it affect other areas of your body? To what areas does the pain radiate, shoot or travel?)  
\_\_\_\_\_

9. Aggravating or relieving factors (What makes it better or worse, such as time of day, movements, certain activities, etc?)  
What tends to worsen the problem?  
\_\_\_\_\_  
What tends to lessen the problem?  
\_\_\_\_\_

10. Prior Interventions (What have you done to relieve the symptoms?)

- ☐ Prescription Medication ☐ Surgery ☐ Ice
- ☐ Over-the-counter drugs ☐ Acupuncture ☐ Heat
- ☐ Homeopathic remedies ☐ Chiropractic
- ☐ Physical Therapy ☐ Massage
- ☐ Other \_\_\_\_\_

11. Have you traveled internationally in the last 6 months? ☐ Yes ☐ No If yes, where? \_\_\_\_\_

12. What else should the doctor know about your current condition? \_\_\_\_\_

### 13. Review of Systems

Chiropractic care focuses on the integrity of your nervous system, which controls and regulates your entire your body. Please mark the box beside any conditions that you **Had** or currently **Have** and initial to the right.

#### a. Musculoskeletal

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/> Arthritis	<input type="checkbox"/>	<input type="checkbox"/> Scoliosis	<input type="checkbox"/>	<input type="checkbox"/> Neck pain	<input type="checkbox"/>	<input type="checkbox"/> Back Problems	<input type="checkbox"/>	<input type="checkbox"/> Hip disorders
<input type="checkbox"/>	<input type="checkbox"/> Knee injuries	<input type="checkbox"/>	<input type="checkbox"/> Foot/ ankle pain	<input type="checkbox"/>	<input type="checkbox"/> Shoulder Problems	<input type="checkbox"/>	<input type="checkbox"/> Elbow/ wrist pain	<input type="checkbox"/>	<input type="checkbox"/> TMJ Issues	<input type="checkbox"/>	<input type="checkbox"/> Poor posture
<input type="checkbox"/> NONE										Initials _____	

#### b. Neurological

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Anxiety	<input type="checkbox"/>	<input type="checkbox"/> Depression	<input type="checkbox"/>	<input type="checkbox"/> Headache	<input type="checkbox"/>	<input type="checkbox"/> Dizziness	<input type="checkbox"/>	<input type="checkbox"/> Pins & needles
<input type="checkbox"/> NONE									<input type="checkbox"/> Numbness
Initials _____									

#### c. Cardiovascular

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> High blood pressure	<input type="checkbox"/>	<input type="checkbox"/> Low blood pressure	<input type="checkbox"/>	<input type="checkbox"/> High cholesterol	<input type="checkbox"/>	<input type="checkbox"/> Poor circulation	<input type="checkbox"/>	<input type="checkbox"/> Angina
<input type="checkbox"/> NONE									<input type="checkbox"/> Excessive bruising
Initials _____									

#### d. Respiratory

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Asthma	<input type="checkbox"/>	<input type="checkbox"/> Apnea	<input type="checkbox"/>	<input type="checkbox"/> Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/> Hay fever	<input type="checkbox"/>	<input type="checkbox"/> Emphysema
<input type="checkbox"/> NONE									<input type="checkbox"/> Pneumonia
Initials _____									

#### e. Digestive

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Ulcer	<input type="checkbox"/>	<input type="checkbox"/> Anorexia/ Bulimia	<input type="checkbox"/>	<input type="checkbox"/> Food sensitivities	<input type="checkbox"/>	<input type="checkbox"/> Heartburn	<input type="checkbox"/>	<input type="checkbox"/> Constipation
<input type="checkbox"/> NONE									<input type="checkbox"/> Diarrhea
Initials _____									

#### f. Sensory

Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>	Had <input type="checkbox"/>	Have <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Blurred vision	<input type="checkbox"/>	<input type="checkbox"/> Ringing in ears	<input type="checkbox"/>	<input type="checkbox"/> Chronic ear infection	<input type="checkbox"/>	<input type="checkbox"/> Hearing loss	<input type="checkbox"/>	<input type="checkbox"/> Loss of smell
<input type="checkbox"/> NONE									<input type="checkbox"/> Loss of taste
Initials _____									

Doctor's Initials \_\_\_\_\_

g. Integumentary

Had	Have	Had	Have	Had	Have	Had	Have	Had	Have	Had	Have
<input type="checkbox"/>	<input type="checkbox"/> Skin cancer	<input type="checkbox"/>	<input type="checkbox"/> Psoriasis	<input type="checkbox"/>	<input type="checkbox"/> Eczema	<input type="checkbox"/>	<input type="checkbox"/> Acne	<input type="checkbox"/>	<input type="checkbox"/> Hair loss	<input type="checkbox"/>	<input type="checkbox"/> Rash
<input type="checkbox"/> NONE										Initials _____	

h. Endocrine

Had	Have	Had	Have	Had	Have	Had	Have	Had	Have	Had	Have
<input type="checkbox"/>	<input type="checkbox"/> Thyroid issues	<input type="checkbox"/>	<input type="checkbox"/> Immune disorder	<input type="checkbox"/>	<input type="checkbox"/> Frequent urination	<input type="checkbox"/>	<input type="checkbox"/> Hypoglycemia	<input type="checkbox"/>	<input type="checkbox"/> Swollen glands	<input type="checkbox"/>	<input type="checkbox"/> Low energy
<input type="checkbox"/> NONE										Initials _____	

i. Genitourinary

Had	Have	Had	Have	Had	Have	Had	Have	Had	Have	Had	Have
<input type="checkbox"/>	<input type="checkbox"/> Kidney stones	<input type="checkbox"/>	<input type="checkbox"/> Infertility	<input type="checkbox"/>	<input type="checkbox"/> Erectile dysfunction	<input type="checkbox"/>	<input type="checkbox"/> Prostate issues	<input type="checkbox"/>	<input type="checkbox"/> Bedwetting	<input type="checkbox"/>	<input type="checkbox"/> PMS symptoms
<input type="checkbox"/> NONE										Initials _____	

j. Constitutional

Had	Have	Had	Have	Had	Have	Had	Have	Had	Have	Had	Have
<input type="checkbox"/>	<input type="checkbox"/> Fainting	<input type="checkbox"/>	<input type="checkbox"/> Low libido	<input type="checkbox"/>	<input type="checkbox"/> Sudden weight change	<input type="checkbox"/>	<input type="checkbox"/> Fatigue	<input type="checkbox"/>	<input type="checkbox"/> Poor appetite	<input type="checkbox"/>	<input type="checkbox"/> Weakness
<input type="checkbox"/> NONE										Initials _____	

Past Personal, Family and Social History

Please identify your past health history, including accidents, injuries, illnesses and treatments. Please complete each section fully.

14. Illnesses

Check the illnesses you have **Had** in the past of **Have** now.

Had	Have	Had	Have
<input type="checkbox"/>	<input type="checkbox"/> AIDS	<input type="checkbox"/>	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/>	<input type="checkbox"/> Alcoholism	<input type="checkbox"/>	<input type="checkbox"/> Typhoid fever
<input type="checkbox"/>	<input type="checkbox"/> Arteriosclerosis	<input type="checkbox"/>	<input type="checkbox"/> Ulcer
<input type="checkbox"/>	<input type="checkbox"/> Cancer	<input type="checkbox"/>	<input type="checkbox"/> Allergies
<input type="checkbox"/>	<input type="checkbox"/> Chicken Pox		Food: _____
<input type="checkbox"/>	<input type="checkbox"/> Diabetes		Medications: _____
<input type="checkbox"/>	<input type="checkbox"/> Epilepsy		_____
<input type="checkbox"/>	<input type="checkbox"/> Glaucoma		Environmental: _____
<input type="checkbox"/>	<input type="checkbox"/> Goiter	<input type="checkbox"/>	<input type="checkbox"/> Other: _____
<input type="checkbox"/>	<input type="checkbox"/> Gout	_____	_____
<input type="checkbox"/>	<input type="checkbox"/> Heart disease	_____	_____
<input type="checkbox"/>	<input type="checkbox"/> Hepatitis	_____	_____
<input type="checkbox"/>	<input type="checkbox"/> Malaria		
<input type="checkbox"/>	<input type="checkbox"/> Measles		
<input type="checkbox"/>	<input type="checkbox"/> Multiple Sclerosis		
<input type="checkbox"/>	<input type="checkbox"/> Mumps		
<input type="checkbox"/>	<input type="checkbox"/> Polio		
<input type="checkbox"/>	<input type="checkbox"/> Rheumatic Fever		
<input type="checkbox"/>	<input type="checkbox"/> Scarlet Fever		
<input type="checkbox"/>	<input type="checkbox"/> Sexually transmitted disease		
<input type="checkbox"/>	<input type="checkbox"/> Stroke		

17. Injuries

Have your ever....

☐ Had a fractured or broken bone  
If so, where \_\_\_\_\_  
when \_\_\_\_/\_\_\_\_/\_\_\_\_

☐ Had spine or nerve disorder

☐ Been knocked unconscious

☐ Been injured in an accident  
If so, when \_\_\_\_/\_\_\_\_/\_\_\_\_

15. Operations

Surgical interventions which may or may not have included hospitalizations.

	Date
<input type="checkbox"/> Appendix Removal	____/____/____
<input type="checkbox"/> Bypass surgery	____/____/____
<input type="checkbox"/> Cancer	____/____/____
<input type="checkbox"/> Cosmetic Surgery	____/____/____
<input type="checkbox"/> Elective Surgery:	____/____/____
_____	
<input type="checkbox"/> Eye Surgery	____/____/____
<input type="checkbox"/> Hysterectomy	____/____/____
<input type="checkbox"/> Pacemaker	____/____/____
<input type="checkbox"/> Spine:	____/____/____
_____	
<input type="checkbox"/> Tonsillectomy	____/____/____
<input type="checkbox"/> Vasectomy	____/____/____
<input type="checkbox"/> Other:	____/____/____
_____	

☐ Used a crutch or other support

☐ Used neck or back bracing

☐ Received a tattoo

☐ Had a body piercing

16. Treatments

Check the ones you've received in the **Past** or are receiving **Currently**.

Past	Currently
<input type="checkbox"/>	<input type="checkbox"/> Acupuncture
<input type="checkbox"/>	<input type="checkbox"/> Antibiotics
<input type="checkbox"/>	<input type="checkbox"/> Birth Control Pills
<input type="checkbox"/>	<input type="checkbox"/> Blood transfusions
<input type="checkbox"/>	<input type="checkbox"/> Chemotherapy
<input type="checkbox"/>	<input type="checkbox"/> Chiropractic care
<input type="checkbox"/>	<input type="checkbox"/> Dialysis
<input type="checkbox"/>	<input type="checkbox"/> Herbs
<input type="checkbox"/>	<input type="checkbox"/> Homeopathy
<input type="checkbox"/>	<input type="checkbox"/> Hormone replacement
<input type="checkbox"/>	<input type="checkbox"/> Inhaler
<input type="checkbox"/>	<input type="checkbox"/> Massage therapy
<input type="checkbox"/>	<input type="checkbox"/> Physical therapy
<input type="checkbox"/>	<input type="checkbox"/> Nutritional supplements:
List _____	
_____	
_____	

☐ Medications (Prescriptions & Over the Counter)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

18. Family History

Some health issues are hereditary. Tell the doctor about the health of your **immediate** family members, e.g. mother, father, sister, brother.

<input type="checkbox"/> Alzheimer's	<input type="checkbox"/> Cancer	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Thyroid disorder
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Depression	<input type="checkbox"/> Heart disease	<input type="checkbox"/> Stroke	<input type="checkbox"/> Other _____

19. Are there any other hereditary health issues that you know about? \_\_\_\_\_

\_\_\_\_\_

20. Social History

Tell the doctor about your health habits and stress levels.

Alcohol use	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Never	How much? _____	Prayer or meditation?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Coffee use	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Never	How much? _____	Job pressure/stress?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Tobacco use	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Never	How much? _____	Financial peace?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Exercising	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Never	How much? _____	Vaccinated?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Pain Relievers	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Never	How much? _____	Mercury fillings?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Soft drinks	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Never	How much? _____	Recreation drugs?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Water intake	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Never	How much? _____			
Hobbies: _____							

## 21. Activities of Daily Living

How does this condition interfere with your life and ability to function?

	No Affect	Mild Affect	Moderate Affect	Severe Affect		No Affect	Mild Affect	Moderate Affect	Severe Affect
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Grocery shopping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rising out of chair	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Household chores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifting objects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Reaching overhead	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lying down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Showering or bathing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending over	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dressing myself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Love life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Using a computer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Getting to sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Getting in/out of car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Staying asleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving a car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Concentrating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Looking over shoulder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Exercising	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caring for family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Yardwork	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

22. What is the major stressor in your life? \_\_\_\_\_ 23. How much sleep do you average per night? \_\_\_\_ Hours

24. What is the **type** and **approximate age** of your mattress and pillow? \_\_\_\_\_ 25. What is your preferred sleeping position? \_\_\_\_\_

26. Describe your typical eating habits: ☐ Skip breakfast ☐ Two meals a day ☐ Three meals a day ☐ Snacking between meals

27. What would be the most significant thing you could do to improve your health? \_\_\_\_\_

28. In addition to the main reason for your visit today, what additional health goals do you have? \_\_\_\_\_

## Acknowledgements

To set clear expectations, improve communications and help you get the best results in the shortest amount of time, please read each statement and initial your agreement

\_\_\_\_\_  
Initials I instruct the chiropractor to deliver the care that, in his or her professional judgement, can best help me in the restoration of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.

\_\_\_\_\_  
Initials I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

\_\_\_\_\_  
Initials I realize that an X-ray examination may be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant. Date of late menstrual period (MM/DD/YYYY): \_\_\_\_\_

\_\_\_\_\_  
Initials I grant permission to be called to confirm or reschedule an appointment and be sent occasional cards, letters, emails or health information to me as an extension of my care of this office.

\_\_\_\_\_  
Initials I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any non-covered services I receive.

\_\_\_\_\_  
Initials To best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity of cause of my health concern.

If patient is a minor child, print child's full name: \_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date (MM/DD/YYYY)

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Doctor's Initials

# Oswestry Disability Index

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Score: \_\_\_\_\_

**PLEASE READ:** Please complete this questionnaire. It is designed to give us information as to how your back (or leg) trouble has affected your ability to manage in everyday life.

Please answer **every section**. Mark **ONE** box only in each section that most closely describes you **today**.

<p><i>Section 1 – Pain Intensity</i></p> <p>A. <input type="checkbox"/> I have no pain at the moment</p> <p>B. <input type="checkbox"/> The pain is very mild at the moment</p> <p>C. <input type="checkbox"/> The pain is moderate at the moment</p> <p>D. <input type="checkbox"/> The pain is fairly severe at the moment</p> <p>E. <input type="checkbox"/> The pain is very severe at the moment</p> <p>F. <input type="checkbox"/> The pain is the worst imaginable at the moment</p>	<p><i>Section 6 – Standing</i></p> <p>A. <input type="checkbox"/> I can stand as long as I want without extra pain</p> <p>B. <input type="checkbox"/> I can stand as long as I want but gives me extra pain</p> <p>C. <input type="checkbox"/> Pain prevents me from standing for more than 1 hour</p> <p>D. <input type="checkbox"/> Pain prevents me from standing more than ½ hour</p> <p>E. <input type="checkbox"/> Pain prevents me from standing for more than 10 minutes</p> <p>F. <input type="checkbox"/> Pain prevents me from standing at all</p>
<p><i>Section 2 – Personal Care (washing, dressing, etc.)</i></p> <p>A. <input type="checkbox"/> I can look after myself normally without causing extra pain</p> <p>B. <input type="checkbox"/> I can look after myself normally but it is very painful</p> <p>C. <input type="checkbox"/> It is painful to look after myself and I am slow and careful</p> <p>D. <input type="checkbox"/> I need some help but manage most of my personal care</p> <p>E. <input type="checkbox"/> I need help every day in most aspects of self care</p> <p>F. <input type="checkbox"/> I do not get dressed, wash with difficulty and stay in bed</p>	<p><i>Section 7 – Sleeping</i></p> <p>A. <input type="checkbox"/> My sleep is never disturbed by pain</p> <p>B. <input type="checkbox"/> My sleep is occasionally disturbed by pain</p> <p>C. <input type="checkbox"/> Because of pain I have less than 6 hours' sleep</p> <p>D. <input type="checkbox"/> Because of pain I have less than 4 hours' sleep</p> <p>E. <input type="checkbox"/> Because of pain I have less than 2 hours' sleep</p> <p>F. <input type="checkbox"/> Pain prevent me from sleeping at all</p>
<p><i>Section 3 – Lifting</i></p> <p>A. <input type="checkbox"/> I can lift heavy weights without extra pain</p> <p>B. <input type="checkbox"/> I can lift heavy weights, but it causes extra pain</p> <p>C. <input type="checkbox"/> Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g. on a table</p> <p>D. <input type="checkbox"/> Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.</p> <p>E. <input type="checkbox"/> I can only lift very light weights, at the most</p> <p>F. <input type="checkbox"/> I cannot lift or carry anything at all</p>	<p><i>Section 8 – Social Life</i></p> <p>A. <input type="checkbox"/> My social life is normal and causes me no extra pain</p> <p>B. <input type="checkbox"/> My social life is normal, but increases the degree of pain</p> <p>C. <input type="checkbox"/> Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g., sports, etc.</p> <p>D. <input type="checkbox"/> Pain has restricted my social life and I do not go out as often.</p> <p>E. <input type="checkbox"/> Pain has restricted my social life to my home</p> <p>F. <input type="checkbox"/> I have no social life because of the pain</p>
<p><i>Section 4 – Walking</i></p> <p>A. <input type="checkbox"/> Pain does not prevent me from walking any distance</p> <p>B. <input type="checkbox"/> Pain prevents me from walking more than one mile</p> <p>C. <input type="checkbox"/> Pain prevents me from walking more than ¼ mile</p> <p>D. <input type="checkbox"/> Pain prevents me from walking more than 100 yards</p> <p>E. <input type="checkbox"/> I can only walk while using a stick or crutches</p> <p>F. <input type="checkbox"/> I am in bed most of the time and have to crawl to the toilet</p>	<p><i>Section 9 – Traveling</i></p> <p>A. <input type="checkbox"/> I can travel anywhere without pain</p> <p>B. <input type="checkbox"/> I can travel anywhere but it gives me extra pain</p> <p>C. <input type="checkbox"/> Pain is bad but I manage journeys over 2 hours</p> <p>D. <input type="checkbox"/> Pain restricts me to journeys of less than 1 hour</p> <p>E. <input type="checkbox"/> Pain restricts me to short necessary journeys under 30 minutes</p> <p>F. <input type="checkbox"/> Pain prevents me from traveling except to receive treatment</p>
<p><i>Section 5 – Sitting</i></p> <p>A. <input type="checkbox"/> I can sit in any chair as long as I like</p> <p>B. <input type="checkbox"/> I can only sit in my favorite chair as long as I like</p> <p>C. <input type="checkbox"/> Pain prevents me from sitting more than 1 hour</p> <p>D. <input type="checkbox"/> Pain prevents me from sitting more than ½ hour.</p> <p>E. <input type="checkbox"/> Pain prevents me from sitting more than ten minutes</p> <p>F. <input type="checkbox"/> Pain prevents me from sitting at all</p>	<p><i>Section 10 – Employment/ Homemaking</i></p> <p>A. <input type="checkbox"/> My normal homemaking/job activities do no cause pain</p> <p>B. <input type="checkbox"/> My normal homemaking/job activities increase my pain, but I can still perform these tasks.</p> <p>C. <input type="checkbox"/> I can perform most of my homemaking/job activities, except for more physically stressful activities</p> <p>D. <input type="checkbox"/> Pain prevents me from doing anything but light duties</p> <p>E. <input type="checkbox"/> Pain prevents me from doing even light duties</p> <p>F. <input type="checkbox"/> Pain prevents me from performing any job or homemaking chores.</p>

**COMMENTS:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



**ROCKENMACHER**

CHIROPRACTIC · SPORTS MEDICINE · WELLNESS

## **Rockenmacher Chiropractic Financial Agreement for Medicare Patients**

\_\_\_\_\_  
**Patient's Name**

\_\_\_\_\_  
**Medicare Number**

We would like to take a moment to welcome you to our office and to assure that you will be receiving the very best care available for your condition. In order to familiarize you with the financial policy of this office, we would like to explain how your medical bills will be handled. Dr. Rockenmacher is not a participating provider with Medicare which means payment will be due at the time of service. As a courtesy, we will submit billing to Medicare and reimbursement will be sent directly to you with respect to what is outlined below.

### **DEDUCTIBLE**

Medicare requires that you pay a yearly deductible of \$203 towards your Part B medical expenses before they will begin paying for covered services. If you have already been treated by other doctors this year, you may apply those bills towards your deductible.

### **MEDICARE COVERAGE**

After you have met your deductible, Medicare will reimburse 80% of the "allowable" treatment charges. The only "allowable" treatment charge by a Chiropractor is Manual manipulation of the spine. All other services other than spinal manipulation are your responsibility and outlined below in detail.

### **X-RAYS**

Medicare does not require x-rays in order to be reimbursed for chiropractic treatment. Your doctor may determine x-rays are necessary to assess your condition. If x-rays are taken or ordered by your Chiropractor, they are not covered by Medicare and therefore you are fully liable for the charges for x-rays.

### **EXAMINATIONS**

In order to determine the extent of your condition, as well as the type of treatment you will need the doctor will examine you prior to the initiation of treatment, and periodically thereafter. Medicare will not reimburse for examination charges; and therefore, payment must be made by you.

### **PHYSICAL MEDICINE, SUPPLEMENTS AND SUPPORTS**

During the course of your treatment in this office, the doctor may determine that certain physical therapy modalities or procedures, vitamin supplements or orthopedic supports may be necessary to assist in the treatment of your condition. Medicare will not reimburse for any of these services, and therefore, payment must be made by you.

I understand that although the Chiropractic services listed above may be required for treatment of my condition, these charges are not covered by Medicare and I will be personally responsible for payment of these charges.

### **OTHER COVERAGE**

If you have secondary, or MediGap coverage, Medicare now automatically forwards those claims in most cases. If you have an accident, other insurance may cover the cost of care in full. Other insurance usually becomes primary and Medicare becomes the secondary carrier. We will advise you if we believe that Medicare is NOT your primary coverage. If you belong to an HMO (Health Maintenance Organization) you must usually have authorization and referral in writing from your primary care physician (PCP) prior to starting care in order to be reimbursed for chiropractic care. Each plan is different and we must follow their rules.

I have read and understand the above Medicare policy and my financial responsibility. My signature authorizes release of medical information necessary to process my claims.

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_\_  
**Date**



## INFORMED CONSENT TO CHIROPRACTIC TREATMENT

I hereby request and consent to the performance of Chiropractic adjustments and any other Chiropractic procedures, including examination tests, diagnostic x-rays and physical therapy techniques, on me (or on the patient named below for which I am legally responsible) which are recommended by the doctor of Chiropractic named below and/or other licensed doctors of Chiropractic who now, or in the future, render treatment to me, while employed by, working for, or associated with, or serving as backup for the doctor of Chiropractic named below.

I understand that, as with any health care procedures, these are certain complications which may arise during Chiropractic adjustment. Those complications include, but are not limited to; fracture, disc injuries, dislocations, muscle strain, Homer's Syndrome, diaphragmatic paralysis, cervical myelopathy and costovertebral strains and separations. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck, leading to, or contributing to serious complications including stroke. I do not expect the doctor to be able to anticipate all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedures which the doctor feels at the time, based on the facts then know, are in my best interest.

I have had an opportunity to discuss with the doctor named below and/or with office personnel the nature, purpose and risks of Chiropractic adjustments and other recommended procedures and have had my questions answered to my satisfaction. I understand that the results are not guaranteed.

I have read or have had read to me the above explanation of the Chiropractic adjustment and related treatment. By signing below I state that I have weighted the risks involved in undergoing treatment and have myself decided that it is in my best interest to undergo the Chiropractic treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment. I intend this consent form to cover the entire course of treatment for present condition and or any future conditions for which I seek treatment.

Print name (s) of Doctor Treating This Patient

Jeffrey R. Rockenmacher, D.C.

4152 Katella Ave, Ste #102

Los Alamitos, CA 90720

**DO NOT SIGN UNTIL HAVE READ AND UNDERSTAND THE ABOVE**

\_\_\_\_\_  
Printed Name of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient's Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness to Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Translated by

\_\_\_\_\_  
Date



## HIPAA

### PATIENT ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES\*

*\*Notice of Privacy Practices can be obtained at <http://rockenmacherchiropractic.com/new-patient-center/notice-of-privacy-practice.html> or you can request a hard copy from our front desk.*

You may refuse to sign this acknowledgement. In refusing we *may not be allowed* to process your insurance claims.

Date: \_\_\_\_\_

The undersigned acknowledges receipt of a copy of the currently effective Notice of Privacy Practices for this healthcare facility. A copy of this signed, dated document shall be as effective as the original.

\_\_\_\_\_  
Please **print** name of Patient

\_\_\_\_\_  
Patient **signature** / If Guardian please sign

\_\_\_\_\_  
Please print name of Legal Representative/Guardian

\_\_\_\_\_  
Relationship of Legal Representative / Guardian

### **Office Use Only**

As Privacy Officer, I attempted to obtain the patient's (or representatives) signature on this Acknowledgement but did not because:

It was emergency treatment \_\_\_\_\_

I could not communicate with the patient \_\_\_\_\_

The patient refused to sign \_\_\_\_\_

The patient was unable to sign because \_\_\_\_\_

Other (please describe) \_\_\_\_\_

Signature of Privacy Officer

\_\_\_\_\_





## Authorization to Use or Disclose Protected Health Information

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Date of Request: \_\_\_\_\_

**As required by HIPPA Privacy Regulations, protected health information may not be used or disclosed to a third party without patient authorization.**

I hereby authorize Dr. Jeffrey Rockenmacher and his employees to disclose my Patient Health Information to the following person, health care provider or other:

1. **Health Insurance Payer(s):** \_\_\_\_\_

2. **Family Member(s):** \_\_\_\_\_

### Patient health information authorized to be disclosed:

1. Patient intake forms, chart notes, patient records, Dr's reports, diagnostic studies, diagnosis, prognosis, appointments, balances.
2. Other: \_\_\_\_\_

### For the specific purpose of:

1. Processing of claims, obtaining authorization for treatment, scheduling appointments, collecting balances, and obtaining patient information to facilitate healthcare operations.
2. Other: \_\_\_\_\_

**Effective dates** for this authorization: **1/1/2021** through **12/31/2021**. This authorization will expire at the end of the above period.

I understand that the information disclosed above may be re-disclosed to additional parties and no longer protected for reasons beyond your control.

### I understand I have the right to:

1. Revoke this authorization by sending written notice to this office and that revocation will not affect his office's previous reliance on the uses or disclosure pursuant to this authorization.
2. Inspect a copy of the Patient Health Information being used or disclosed under federal law.
3. Refuse to sign this authorization.
4. Receive a copy of this authorization.
5. Restrict what is disclosed with this authorization.

I also understand that if I do not sign this document, it will not condition my treatment, payment, enrollment in a health plan, or eligibility for benefits whether or not I provide authorization to use or disclose protected health information.

\_\_\_\_\_  
**Signature of Patient or Patient's Authorized Representative**

\_\_\_\_\_  
**Date**